

COMMUNITY

is what we do best



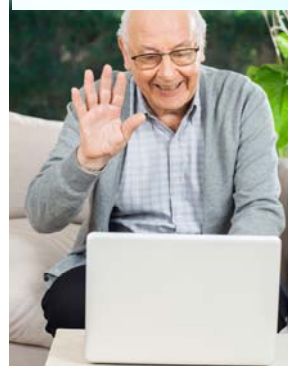
**REACH OUT TO
EACH OTHER
DURING THIS
COVID-19
OUTBREAK**

Indiana County officials would like to see neighbors reach out to each other to make sure everyone has what they need during the COVID-19 outbreak.

The County encourages residents in lower-risk categories (under 60, no underlying health issues, no illness symptoms) to reach out to friends and neighbors to do shopping and run necessary errands.

We ask you to do the following:

- **Make a list** of the people you want to look after with grocery and supply shopping, or just to socialize with via phone, text, or video calls.
- **Reach out** to them using phone or email or leave a note on their door with your contact information and an offer to help. *Do not knock on doors or meet in person.*
- **Help** by running errands, shopping, and delivering or dropping off essential supplies on their doorstep. Limit your trips by consolidating. *Avoid direct contact or entering someone's home. Always wash and sanitize your hands and any shared objects.*
- **Check in** regularly and offer to help them get books, audio books, podcasts, or other entertainment to stay engaged.



Community is what we do best. Successfully confronting the COVID-19 outbreak will take all of us either offering to help where we can or accepting help so that we can stay home and protect ourselves and our loved ones. There has never been a better time to get to know your neighbor!



Distributed by: Indiana County Community Emergency/Disaster Planning Committee

Health and Human Services Subcommittee

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